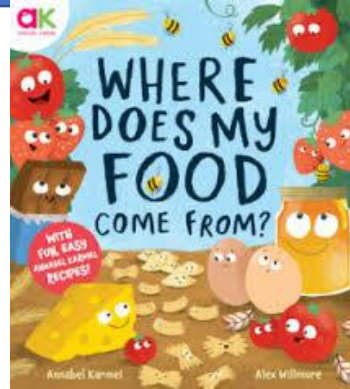
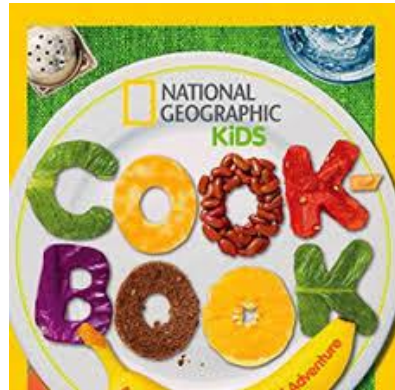
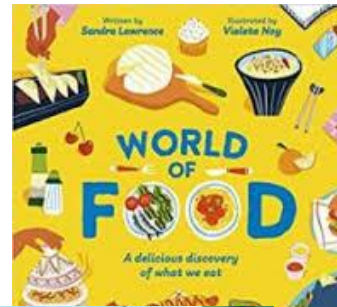


Books to help me learn even more.



Year 4 Cooking and nutrition

Key facts



Adapting a recipe is making a simple recipe unique by thoughtfully adding or removing ingredients.



Working to a budget is spending a certain amount of money so the final product is affordable for the people who want to buy it.

End points

- Describe features of biscuits using taste, texture and appearance.
- Follow a recipe with support.
- Use a budget to plan a recipe.
- Adapt a recipe using additional ingredients.

Key Vocabulary

adapt	To change something to make it suitable for a new purpose.
budget	A plan of how to spend money.
combine	Mixing two or more ingredients together.
construct	To build something.
cuboid	A 3D shape with six rectangular sides.
design	A plan for a recipe or product.
evaluate	To decide how good something is.
fold	To bend something for a purpose.
hygiene	Keeping things clean.
ingredients	The foods used in a recipe.
market research	Gathering information from the target audience.
sieve	A piece of kitchen equipment often used to remove lumps.
sift	The process of removing lumps and adding air.
target audience	Groups of people that a product is made for.
taste	The flavour of a food.
texture	The feel of a food when eaten.

Disciplinary knowledge		Prompts to deepen thinking
Marking out and cutting	• Measuring accurately, marking out, cutting, folding, scoring, • Using patterns and templates with more than 2 pieces.	
Fixing and joining	• Relate a mechanism to its purpose and select for a desired type of movement. • Joining and reinforcing fabrics. • Demonstrating fabric can be joined in a number of different ways – sewing using a range of stitches.	
Mechanisms and control	• Understanding linkage mechanisms and the type of movement they produce. • Applying knowledge about electrical circuits in designing and making products.	
Finishing, including food hygiene	• Understanding what makes a quality finish- collage, printing, drawing, use of font, size, colour, layout. • Using a widening range of decorative techniques such as dyeing and embroidery, embellishing, applique, fabric paints, fastenings, buttons, buckles, press studs, hooks and eyes, Velcro, safety pins, zip, ties.	