



Growing Up

Y4 PSHE Relationships



Subject Specific Vocabulary

Reproduction	(Biology) To produce one or more offspring / young / babies.
Vagina	The female reproductive organ.
Penis	The male reproductive organ.
Puberty	The time at which adolescents reach reproductive maturity.
Adolescent	A young person in the process of developing from a child to an adult.
Emotion	A strong feeling arising from your circumstances, mood, or relationships with others.
Hormones	A chemical in your body that can change and influence your mood or emotions.
Gender	The two sexes (male and female); in the 21 st century, gender is related to social and cultural differences rather than biological ones.

End Point

To know the changes boys and girls go through during puberty and how this plays a part in human reproduction.

Key knowledge about 'Growing Up'

The human male and female reproductive organs are used for producing offspring (babies).

Boys and girls experience a range of different changes during puberty.

When boys and girls go through puberty, there is an imbalance in hormones, which might make you feel confused or have strong emotions that you've never had before. You might feel overly sensitive or become upset easily.

Exciting Books



Questions

What changes do boys experience during puberty?

What changes do girls experience during puberty?

Why do I need to keep myself clean during puberty?