



Growing Up

Y6 PSHE Relationships

Subject Specific Vocabulary

Sexual relationship	A connectedness between 2 people, especially an emotional connection.
Sexual transmitted disease	An infection that could be passed on by direct sexual contact and others which can be passed on by non-sexual means.
Positive body image	A person who feels comfortable and happy in their body.
Puberty	A time when adolescents go through change and become capable of reproduction.
Contraception	The use of artificial methods to prevent pregnancy.
Gender identity	A person's idea of being a boy or girl, which may or may not be the same as when they were born.
Sexual orientation	Being attracted to a person of the opposite sex/gender, the same sex/gender or to both sexes or more than one gender.



Key knowledge about 'Growing up'

I know that I will go through physical and emotional changes as I go through puberty.

Contraception can prevent sexual transmitted diseases.

The age of consent to any form of sexual activity is 16.

I can challenge society's perception of a perfect body.



End Point

To know what a sexual relationship is and how babies are conceived safely.

Exciting Books



Questions

What changes happen to us as we go through puberty?

What influences are around that may affect our body image & the way we see ourselves?

What types of relationships are there?