



PSHE Vocabulary progression



	FS1	FS2	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn Terms	Adult Angry Bad touch Brother Dad Family Gentle Good touch Happy Mum Sad Same Scared Sister Special Bedtime Blue	Bank Coins Different Job Money Similar Spend Work World Danger Exercise Female Healthy Male Pedestrian Routine Rules	<u>TEAM</u> Team Good listener Bullying Teasing Kindness Helpful <u>Think positive</u> Positive thinking Challenge Practise Perseverance Talking Sharing Feelings Emotions	<u>VIPs</u> Positive relationships Families Friendship Cooperation Good friend Resolution <u>Safety first</u> Danger Safe Appropriate Inappropriate Private Internet safety Trusted adult	<u>Team</u> Body language Conflict Resolution Transition Collaboratively Compromise <u>Think positive</u> Gratitude Happiness Fear Attitude Anxiety Peace Grief Determination	<u>VIPs</u> Friendship Bullying Attitudes Personality Loyal Supportive <u>Safety first</u> Responsibility Peer pressure Risk Hazard Drugs Substance Precaution Cyber-bullying	<u>Team</u> Collaborative working Compromise Successful Empathy Attributes Opinion <u>Think positive</u> Unhelpful thoughts Positive attitude Consequences Mindful Growth mindset Success Worries	<u>VIPs</u> Healthy relationship Unhealthy relationship Resolution Confidential Dares Respect <u>Safety first</u> Peer pressure Decisions Risk Emergency e-safety social media dare
Spring Terms	Boy Brush Clean Cuddle Girl Grow Hurt Old Pants Pink Safe Teeth Young Help Listen School Share Shop Want	Secret Sharing Sleep Talking Toothbrushing Touch Unhealthy Wash Activities Bullying Class Computer Cross Excited Fake Feelings Friends Group Kind Likes Outside Real Screen time Teenager Together Worried	<u>Diverse Britain</u> Community Contribute Neighbours Environment British Diversity Differences <u>Be yourself</u> Feelings Physical health Emotional health Unique Loss Consequence Confidence	<u>One world</u> World Countries Environment Natural resources Abroad Respect Similarities Differences <u>Digital wellbeing</u> Internet Connection Laptop Tablet Social Apps Personal information Private	<u>Diverse Britain</u> Democracy Multicultural Liberty Diverse Human right Rights of the child Debate <u>Be yourself</u> Proud Assertive Media Risk strategies Confidence Influence	<u>One world</u> Similarity Difference Values Customs Impact Fair trade Climate change <u>Digital wellbeing</u> Social media Device Cyberbullying Respect Privacy Restrictions Fake news	<u>Diverse Britain</u> Faith Ethnicity Law Government Charity Community Democracy Rights <u>Be yourself</u> Individuality Peer pressure Resolution Tricky situation Fight or flight Opinion Manage feelings	<u>One world</u> Global citizen Sustainability Global warming Biodiversity Environment Prevent Energy Responsibility <u>Digital wellbeing</u> Age restrictions Trusted adult Online stranger Reliability
Summer Terms			<u>It's my body</u> Exercise Healthy Sleep Germs Trusted adult Nutritious Safe	<u>Money matters</u> Money Coins Banknotes Spend Save Belongings Receipt Piggy bank	<u>It's my body</u> Secret Trusted adult Choices Relationship Hygiene Drugs Habit	<u>Money matters</u> Income Employment Wages Ethical spending Credit Contactless Debt	<u>It's my body</u> Female genital mutilation (FGM) Physical health Mental health Emotional health Illegal drugs Habit Positive body image	<u>Money matters</u> Investment Gain Interest Risk Value Consumer Repayment



			<u>Aiming high</u> Star quality Positive attitude Skills Interest Stereotype Ambition Job Future	<u>Growing up</u> Gender Stereotype Penis Vulva Genitals Vagina Safe	<u>Aiming high</u> Goals Aspiration Gender Stereotypes Growth mindset Ambition Achievement Resilience Skills	<u>Growing up</u> Reproduction Vagina Penis Puberty Adolescent Emotion Hormones Gender	<u>Aiming high</u> Succeed Gender Learning style Stereotype Team Innovation Enterprise Ambition Growth mindset	<u>Growing up</u> Sexual relationship Sexual transmitted disease Positive body image Puberty Contraception Gender identity Sexual orientation
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