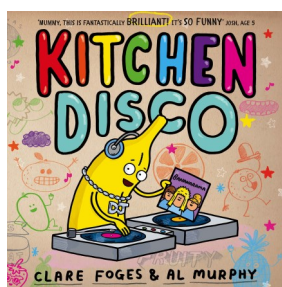
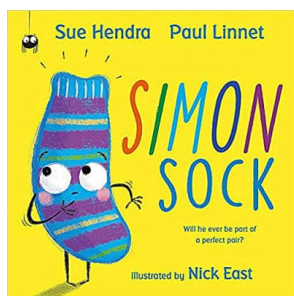
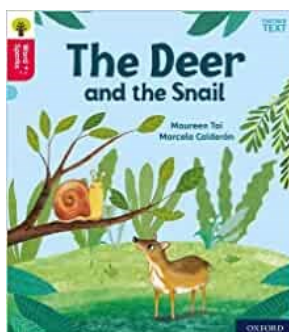
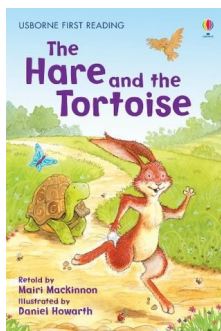


FS2 Knowledge Organiser– Sports Day

Books we will be reading:



•All across England, children will be taking part in Sports Day activities at their school.

•Children run many different kinds of races.

•Some races test your ability to balance, move your feet quickly, crawl through tunnels or bounce.

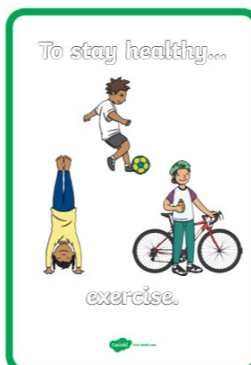
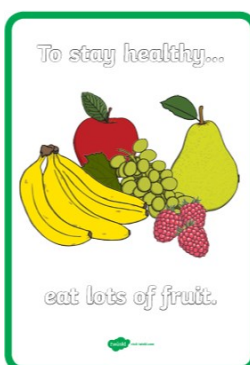
•Sometimes parents and Grand-parents get to come and cheer the children on.

•There is an Egg and Spoon race!

•It is important to cheer for your classmates.

•You might get a certificate for taking part and trying your best.

Remember to look after your body so you can do your best on Sports Day!



Things to do at home:

- Create an obstacle course in your garden.
- Pack a healthy picnic to have with your family.
- Hard boil an egg and have an egg and spoon race.
- Design a medal for someone who tries their best at Sports Day.
- Talk to your family about the importance of healthy food, exercise and sleep.

Being a Good Sport

At some Sports Days, children are given special awards for being a good sport. Being a good sport can include:



helping other people;

Cheering for others when they are doing their sport;

not being upset if you don't win your activity;

having fun while you are playing.