

FSI Knowledge Organiser- Ready, Steady, Go!

Sports day is when children take part in competitive sport (usually races).



Running



Egg + Spoon



Dressing Up



Bouncy Hopper



Obstacle



Hurdles



Parents can come to watch you in the races. They will be spectators.

Being a good sport

You might not win every race.

This is okay. You can be a good sport by:

- helping other people
- cheering people on
- not being upset if you don't win
- having fun



Gold

Bronze

You might get a prize for finishing a race.



Things to do at home:

- Have sports day races at home.
- Make medals/trophies.
- Create your own sports day race using household items.
- Time yourself- how many times can you throw and catch a ball or hop in a minute?

Books linked to the topic:

